



## Language Kids Camp Menu July--2023

Monday	Tuesday	Wednesday	Thursday	Friday
3-Jul	4-Jul	5-Jul	6-Jul	7-Jul
BBQ Beef Slider, Baked Beans, Fresh Corn, Fresh Cut Fruit	SCHOOL CLOSED	Broccoli, Cauliflower & Cheese Casserole with Baked Chicken Breast, Plain Pasta, Fresh Baked Baguette, Fresh Cut Fruit	Rosemary Chicken with Rice Pilaf, Roasted Red Potato & Carrots, Fresh Cut Fruit	Cheese Pizza, Sliced Cucumber with House Made Ranch Dressing, Fresh Cut Fruit
10-Jul	11-Jul	12-Jul	13-Jul	14-Jul
Baked Chicken Breast with Alfredo Sauce, Farfalle Pasta, Oven Roasted Carrots, Fresh Cut Fruit	Turkey & Cheese Croissant, Caprice Pasta Salad with Fresh Basil, Tomato, Cucumber, Mozzarella Cheese & Olive Oil, Fresh Cut Fruit	Chicken Nuggets, Waffle Fries, Steamed Broccoli, Ketchup, Fresh Cut Fruit	Chicken & Cheese Quesadillas, Steamed Rice, Black Beans, Fresh Cut Fruit	Cheese Pizza, Sliced Cucumber with House Made Ranch Dressing, Fresh Cut Fruit
17-Jul	18-Jul	19-Jul	20-Jul	21-Jul
Grassfed Beef Meatballs, Garden Rotini Pasta, Marinara Sauce, Baked Yellow Squash, Fresh Cut Fruit	Sweet & Sour Chicken, Steamed Rice, Broccoli, Fresh Cut Fruit	Baked Chicken Breast, Mashed Potatoes with Cheddar Cheese, Sliced Carrots, Fresh Cut Fruit	Chicken Fried Rice with Carrots & Lima Beans, Steamed Broccoli, Fresh Baked Baguette, Fresh Cut Fruit	Cheese Pizza, Sliced Cucumber with House Made Ranch Dressing, Fresh Cut Fruit
24-Jul	25-Jul	26-Jul	27-Jul	28-Jul
Macaroni and Cheese with Oven Roasted Chicken Breast, Steamed Broccoli, Fresh Cut Fruit	Beef Tamales, Black Beans, Steamed Rice, Fresh Cut Fruit	Turkey Sloppy Joe Slider, Tater Tots, Fresh Corn, Fresh Cut Fruit	Teriyaki Chicken with Broccoli and Carrots, Steamed Rice, French Bread, Fresh Cut Fruit	Cheese Pizza, Sliced Cucumber with House Made Ranch Dressing, Fresh Cut Fruit
31-Jul	1-Aug	2-Aug	3-Aug	4-Aug
Parmesan & Ricotta Ravioli, Oven Roasted Zucchini, Garlic Bread, Fresh Cut Fruit				